



Wellbeing Centre

Wellbeing content to help employees along their wellness journey, every step of the way





Creating an employee wellbeing strategy to deliver results for all demographics and all stages of “healthy” employees doesn’t have to be so difficult. The Wellbeing Centre from Reward Gateway can help your workforce live healthier lives in the three key pillars of wellbeing: Physical, Mental and Financial.

Give your employees the education, support and tools they need to be better versions of themselves, both at home and at work, with a platform to help your organisation stand out from the competition.

Prioritise wellbeing in your employee engagement plan to help:

<h3>Reduce</h3> <p>absenteeism, decrease business costs</p>	<h3>Build</h3> <p>a healthier, more engaged workforce</p>	<h3>Show</h3> <p>appreciation for your workforce</p>	<h3>Improve</h3> <p>your EVP and benefits offerings</p>
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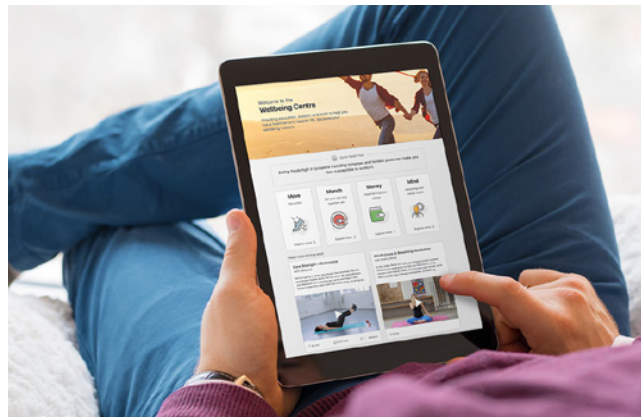
Discover all four areas of the Wellbeing Centre:

 <h3>Move</h3> <p>Exercise videos for all abilities and goals</p>	 <h3>Munch</h3> <p>Nutrition tips and healthy recipes</p>	 <h3>Money</h3> <p>Impartial expert financial advice</p>	 <h3>Mind</h3> <p>Videos to manage stress, sleep and more</p>
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Accessible anywhere, anytime and on any device.

Improve employee wellbeing with an accessible solution

Workplace wellbeing has moved from being reactive and “quick fixes” for health crises to helping people live and feel better by making realistic, sustainable lifestyle changes to impact their overall wellbeing. The Wellbeing Centre is filled with hundreds of videos and tips from wellness experts to help you provide the means for your employees to lead healthier lives.

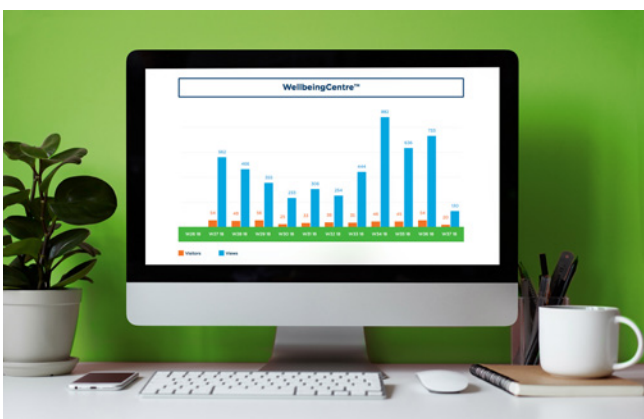
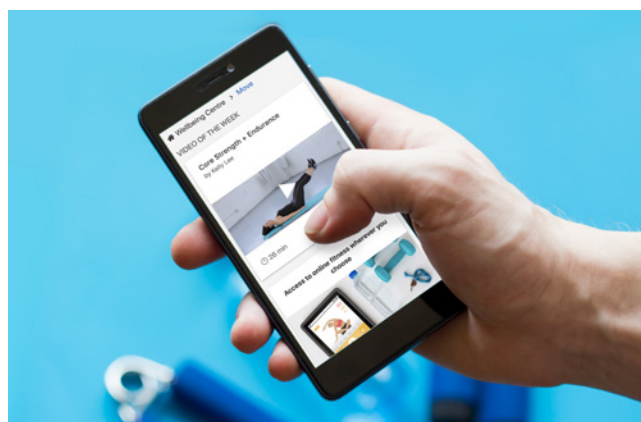


Deliver wellbeing content to suit every lifestyle

The Reward Gateway Wellbeing Centre hosts expert-led content that covers all three fundamental pillars of wellbeing: Physical, Mental and Financial. This successful approach helps create or supplement a wellbeing strategy that’s proactive, personal and inclusive so all your employees can take part in a way that’s right for them.

Easy to implement, even easier to maintain

Wellbeing is no longer a “nice” to have, it’s a must have, and the Wellbeing Centre is easy to implement, and even easier to maintain. Reward Gateway handles the upload of videos and content, and frequently refreshed content encourages repeat visits from your employees. The videos are hosted right within your tailored platform to visit anywhere, anytime and on any device.



Get engagement metrics for valuable wellbeing insight

Use insights from the platform to discover what wellbeing goals are most important to your people, and further develop your wellbeing strategy to drive more engagement. View metrics to see what employees are visiting, when they’re visiting and on what device so you can tailor your messaging and wellbeing goals.