## Reward Gateway SUMMIT

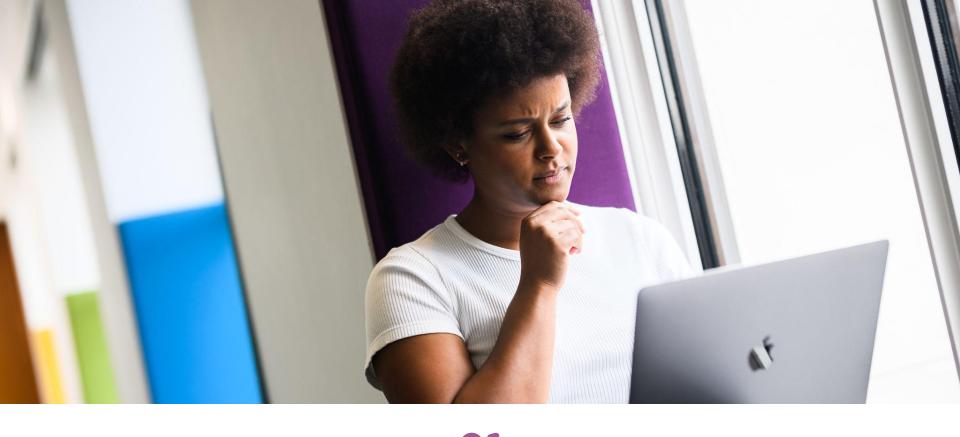
Edenred



#### **Nebel Crowhurst**

Exploring employee disconnection and its impact on your business

#### Workplace Connection Report



## Loneliness and Disconnect

#### Only a third

of employees said they feel a sense of connection and belonging at work.



#### Q12. What do employees say would make them feel more connected at work?



Source: Reward Gateway | The Workplace Connection Report, September 2023

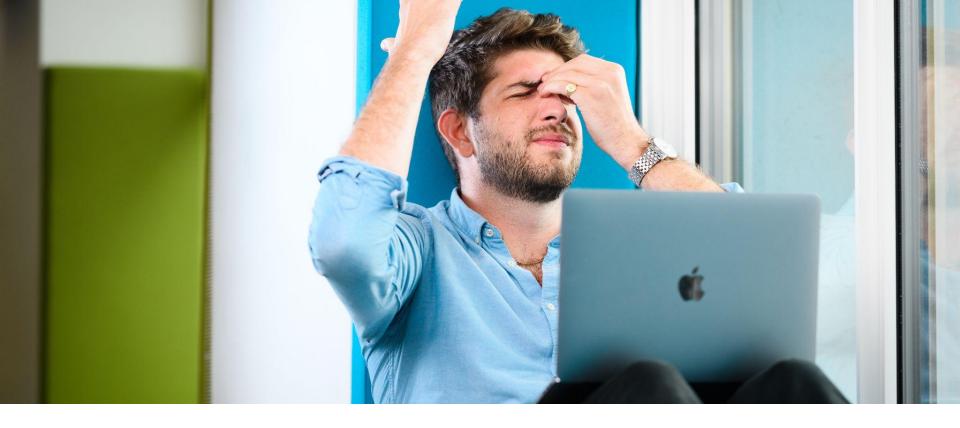


Meaningful, authentic appreciation

## of employees say they experience loneliness frequently at work

This rises in managers to

36%



**02**Burnout and Stress

Employees who have a social network are twice as likely to say they are very productive

They are also less likely to frequently experience burnout

## Introverted employees are more likely than extroverted employees to experience







**Burnout** 

(48% vs 32%)

Feelings of being overwhelmed

(48% vs 34%)

**Stress** 

(55% vs 41%)





Wellbeing Support



feel their manager cares about them



.. of those only

10%

are currently looking for a new employer



..and of those that do not feel supported this increases to

26%



HR managers say their company's environment is not trusting and open for employees to discuss their mental health

employees rate mental wellbeing support from their employer as poor

Only

37%

of employees say they can bring their authentic self to work

#### Psychological safety









# The impact on your business





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